

## **Sports 2022-2023 School Year**

### **Fall Sports (Football, Cheer, Swimming, Cross Country, Girls Volleyball)**

There are three steps that need to be fulfilled before any student athletes attempts to try out, and or play any sport.

1. Athletic Clearance
2. DragonFly
3. SWAY (New program for concussion)

#### **Athletic Clearance:**

- A. Go to website, <https://athleticclearance.com/>, Click on FL
- B. [https://www.youtube.com/watch?v= buNPk4QihA](https://www.youtube.com/watch?v=buNPk4QihA)
- C. Follow the steps for athletic clearance. Please make sure the players are putting in year 2022-2023 and looking for Taravella High School.

#### **DragonFly Max:**

- A. Go to website, <https://www.dragonflymax.com/>
- B. Follow the step by step video to show the steps necessary for DragonFly
- C. <https://www.youtube.com/watch?v=dX5OFsK6AUc>

#### **SWAY:**

- A. This will be initiated by the Athletic Trainer
- B. All athletes are going to be tested on SWAY

**There is NO paper copy being collected at any time. All information is online, and NO coach will allow any player who is not cleared to participate.**

**If you have any questions please feel free to email Kristin Zanleoni (Athletic Director) @ [Kristin.zanleoni@browardschools.com](mailto:Kristin.zanleoni@browardschools.com)**